



# Do It Better Wellness™

Work/Life Balance

Professional Development

## Contact

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**Do It Better Wellness™** is your Top-Quality, Budget Friendly, Wellbeing Partner

Transforming your employees' lives by creating a culture of continuous learning and engagement; keeping health up, care costs down, and retaining happy talent.

Bringing you Effective Work + Life Integration as your TRUE and ONLY One-Stop-Shop with 10 years of experience and an incomparable breadth of services delivered Onsite and LIVE Online.

### Increase Productivity and Loyalty!

Customize your Wellness Programs with Innovative, Fun, Engaging Sessions proven to Embrace Real Happiness, Work Better, and achieve Sustainable Healthy Lifestyles.

Positive Psychology, Stress Management, Mental and Emotional Endurance, Holistic Healing, Sociability, Physical Fitness, Nutrition, Injury Prevention, Healthy Environments, and TONS more!

Our 360-Degree View Wellness innovative methods demonstrate factual Value of Investment.

## Awards Certifications



Certified LGBTBE



Ranked Number 1



BEST PLACES TO WORK

## Core Competencies



## Past Performance



## Differentiators

- One Partner, All Services
- Traceable, Positive Results
- Motivational Change

## NAICS Codes

611430 621399 621330

621420 541612 713940

## DUNS Number

07-980-0284